

# Break-out groups

## 1. 5 minutes individually – IN SILENCE:

- Choose an experience from the video, that made an impression on you.
- Try to describe that experience in as much detail as possible.
- Ask yourself the following question: *Why is this experience important for me?*

## 2. Group Work:

- **1 minute to Assign roles:** 1 facilitator, 1 presenter, 1 timekeeper, remaining are participants
  - **10 minutes in groups:** Share your most important experience from the video in the group (discussion led by facilitator).
  - **5 more minutes in the group:** Facilitator leads discussion about: *What are the commonalities between our experiences?* **AND presenter finalises one ppt slide** about these commonalities (to be shared by the presenter in plenary in less than 1 minute)
- Listen completely, without thinking of a response
  - Ask yourself: Am I willing to be influenced?
  - Overall, be curious and learn from others' experiences